

**281-762-6300**

**Colonoscopy**  
Two Day Clear Liquid Prep

Date of Procedure \_\_\_\_\_ Arrival Time: \_\_\_\_\_

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure.
  - Memorial Hermann Sugar Land Hospital
  - Methodist Sugar Land Hospital
  - Sugar Land Surgical Hospital
  - Memorial Hermann Sugar Land Ambulatory Surgery Center (ASC)
- Because you will be receiving anesthesia, please make arrangements for someone to be responsible for driving you home after your procedure.

***Because you will be receiving anesthesia that can impair your memory and the fact that we do not receive Pathology results until two business days after your procedure, please contact our office two business days following your procedure to obtain results.***

**Medications the day of the Procedure**

- If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a small sip of water. All other medication can be taken later in the day after the procedure.
- For diabetic patients: \_\_\_\_\_
- If you are on blood thinner medication:  
\_\_\_\_\_

- **Clear liquids ONLY** on \_\_\_\_\_ and \_\_\_\_\_. Clear Liquids permitted the 2 days before your procedure: Water, Broth, Boullion, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- Purchase 2 bottles of Magnesium Citrate. Take one bottle at 7:00 pm on \_\_\_\_\_ and the second bottle at 7:00 pm on \_\_\_\_\_.
- **Nothing by Mouth past midnight** on \_\_\_\_\_.