

281-762-6300

Colonoscopy Prep
"If all Else Fails"

Date of Procedure _____ Arrival Time: _____

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure.
 - Memorial Hermann Sugar Land Hospital
 - Methodist Sugar Land Hospital
 - Sugar Land Surgical Hospital
 - Memorial Hermann Sugar Land Ambulatory Surgery Center (ASC)

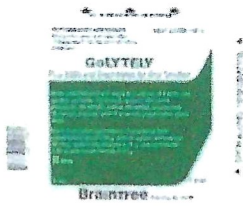
Because you will be receiving anesthesia that can impair your memory and the fact that we do not receive Pathology results until two business days after your procedure, please contact our office two business days following your procedure to obtain results.

Medications the day of the Procedure

- If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a small sip of water. All other medication can be taken later in the day after the procedure.
- For diabetic patients:

- If you are on blood thinner medication:

- **Clear liquids ONLY** on _____ and _____. Clear Liquids permitted are: Water, Broth, Bouillon, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- On _____ purchase one bottle of Miralax at your local pharmacy and take 1 dose every 2 hours starting at 10:00am with the last dose taken at 8:00pm
(This can be purchased over the counter at your local pharmacy)
- On _____ follow the prep on the following page.



Any of these **BRAND Gallon Colon Preps** are fine. When you receive it from the pharmacy to take for your Colonoscopy preparation. Instructions : At: 7:00 PM Fill container with water to the water line, mix well and drink ONE 8 oz. glass every 10-15 minutes until the gallon is finished.