

ESOPHAGOGASTRODUODENOSCOPY (EGD) PREP

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure. Your Procedure is scheduled at the facility indicated below on _____. On the day of your procedure, please arrive at the designated area at _____.

- ☐ **Memorial Hermann Surgical Hospital First Colony**
- ☐ **Memorial Hermann Sugar Land Ambulatory Surgery Center (ASC)**
- ☐ **Other** _____

- Because you will be receiving sedation with anesthesia, please make arrangements for someone to be responsible for driving you home after your procedure.

- Light dinner the night before no later than 6:00 p.m.

- Can continue clear liquids until midnight.

- **Nothing by mouth** past midnight on _____.

- **Medications the day of the Procedure**

- If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a **small** sip of water, at least 2 hours prior to arriving for your procedure. All other medication can be taken later in the day after the procedure.
- For diabetic patients: No Diabetes med pm before or am day of procedure
- If you are on blood thinner medication: _____