

Instructions for Capsule Endoscopy

Day before your Procedure: _____

- Take only **clear liquids** from the time you wake up. **DO NOT drink red soda or eat red Jello.**
- You **cannot** have solid food of any kind, tomato juice, orange juice, grapefruit juice, pineapple juice, milk or alcohol.
- You **may** have broth, boullion, Jello , black coffee, tea, apple juice, grape juice, Gatorade, or soda.
- Do **NOT** take any type of anti-diarrheal medicine such as Immodium AD, Pepto Bismol, or Kaopectate the day before your procedure.
- **Select a Prep from the reverse side of this form and follow the instructions. Nothing by mouth is permitted after MIDNIGHT until the procedure the next morning.**
- **Male Patients:** Shave your chest, abdomen and thigh area to allow good contact with the leads to the recorder.
- **All Patients:** Do **NOT** use lotion or cream on your stomach or thigh areas.

Day of Procedure: _____

- Arrive at our office at 8:30 am promptly.
- Wear loose fitting clothing –pants or shorts- and a front opening shirt.

SEE NEXT PAGE FOR PREP CHOICE

Capsule Endoscopy Prep

- **Medications the day of the Procedure**
 - If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a small sip of water. All other medication can be taken later in the day after the procedure.
 - For diabetic patients:

 - If you are on blood thinner medication:

OSMO Prep

- You will be given a prescription for OSMO Prep Tablets
- **Clear liquids only** from the time you wake up on _____.
- Begin the prep using the Dosing Schedule below at 2:00 pm on _____.
Swallow 4 pills every 15 minutes. Every time you swallow 4 pills, you **MUST** drink at least 8oz. of water or when indicated, 12oz. of Ginger Ale.

2:00 pm	Take 4 pills and 8 oz of water
2:15 pm	Take 4 pills and 8 oz of water
2:30 pm	Take 4 pills and 8 oz of water
2:45 pm	Take 4 pills and 8 oz of water
3:00 pm	Take 4 pills and 8 oz of water
- Begin the second phase of the prep on _____ at 8:00 pm

___ 8:00 pm	Take 4 pills and 8 oz of water
___ 8:15 pm	Take 4 pills and 8 oz of water
___ 8:30 pm	Take 4 pills and 8 oz of water
- **NOTHING BY MOUTH** after you take the last 4 pills.

Half -Lytely Prep

- Clear Liquids from the time you wake up on _____.
- Swallow 4 Biscodyl tablets with water at noon on _____.
- Do not chew or crush the tablets. Do not take antacids one hour prior to swallowing the tablets.
- Mix Half Lytely as directed. You can put in the refrigerator to chill it.
- Six hours from the time you swallow the tablets, start drinking Half-Lytely, eight oz. glass every 10 minutes until gone. Make sure to drink all the solution.
- **Nothing** by mouth after midnight.