

Instructions for Capsule Endoscopy

Day before your Procedure: _____

- Take only **clear liquids** from the time you wake up. **DO NOT drink red soda or eat red Jello.**
- You **cannot** have solid food of any kind, tomato juice, orange juice, grapefruit juice, pineapple juice, milk or alcohol.
- You **may** have broth, boullion, Jello , black coffee, tea, apple juice, grape juice, Gatorade, or soda.
- Do **NOT** take any type of anti-diarrheal medicine such as Immodium AD, Pepto Bismol, or Kaopectate the day before your procedure.
- **Drink one 8oz. bottle of Magnesium Citrate at 7:00 pm the night before your procedure.** This can be purchased over the counter from any pharmacy.

Day of Procedure: _____

- Arrive at our office at 8:30 am promptly.
- Wear loose fitting clothing –pants or shorts- and a t- shirt (no zippers, snaps or buttons).