

(281) 762-6300

COLONOSCOPY PREP

- Register at the location of your procedure as indicated below at least 2-3 days prior to your procedure. On the day of your procedure, _____, please arrive at the designated area at _____.
- Memorial Hermann Ambulatory Surgery Center (ASC)
- Methodist Sugar Land Hospital
- Sugar Land Surgical Hospital
- Because you will be receiving conscious sedation, please make arrangements for someone to be responsible for driving you home after your procedure.
- **Clear Liquids** permitted the day before your procedure: Broth, Boullion, Jell-o, Black Coffee, Tea, Apple Juice, Grape Juice, Gatorade, Cranberry Juice and Soda.
- You **MAY NOT** have any solid food, Orange Juice, Grapefruit Juice, Tomato Juice, Pineapple Juice, Milk or Alcohol.
- **Medications the day of the Procedure**
 - If you take Blood Pressure or heart medication, take your medication the morning of your procedure with a **small** sip of water. All other medication can be taken later in the day after the procedure.
 - For diabetic patients:

 - If you are on blood thinner medication:

Follow Recommended Prep Instructions

SUTAB Colon Prep

SUTABS You will take 2 doses of 12 tablets each. Water must be consumed with each dose of SUTAB and additional water must be consumed after each dose.

DOSE One: Take 12 tablets with water on _____ at _____ PM

STEP 1 Open 1 bottle of 12 tablets.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.



Tablets not shown actual size.



IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink additional water

STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DOSE Two: Take 12 tablets with water on _____ at _____ PM

- Repeat DOSE One instructions (see above)

***** NOTHING BY MOUTH AFTER MIDNIGHT *****